Sheldon High School Varsity Lacrosse



Tysen is an absolute pleasure to work with. Very coachable and cerebral player. He understands the game and demonstrates his lacrosse IQ with his on field awareness. Tysen is a tenacious defender and a true threat in transition. He understands how to use his power and athleticism to take advantage of offensive players and make big plays when needed. Tysen has the athleticism to create a "read option scenario" with his athleticism on the offensive side of the ball as well. While he is able to beat his defender one on one he can freeze the defense by making a smart heads up pass or shot on the run. The most important thing about Tysen as a man/Lacrosse player is he is SELFLESS. The very first day I met Tysen he was far more concerned with how he could impact the team in the most positive way! This attitude makes him a great athlete to work with because it allows me as a coach to plug him in any position and allow his athleticism and strong lacrosse IQ provide superior results. This also enables him to be a great teammate because he is willing to embrace whatever role is assigned to him while thriving and supporting his teammates, the coaching staff and the blueprint for what the team is working to accomplish.

Jake Morris Lacrosse Coach Sheldon High School 3d Oregon